

Useful Websites & Resources:

<p>The Alzheimer's Society Provides information and advice about those living with dementia and those caring for them. http://www.alzheimers.org.uk/</p>
<p>Alzheimer Disease International The international federation of Alzheimer associations around the world, in official relations with the World Health Organization. http://www.alz.co.uk/</p>
<p>Dementia Friends Dementia Friends provides info about dementia to help understand it more and how you can help. https://www.dementiafriends.org.uk/</p>
<p>Dementia UK Providing Admiral Nurses, specialist dementia nurses who give practical and emotional support to families affected by dementia. http://www.dementiauk.org/</p>
<p>NHS Choices, about dementia. Provides information on dementia: What it is, Dealing with it, symptoms, carers, etc... http://www.nhs.uk/Conditions/dementia-guide/Pages/about-dementia.aspx</p>
<p>Alzheimer's Research UK The UK's leading research charity aiming to defeat dementia. http://www.alzheimersresearchuk.org/</p>
<p>The Dementia Community Roadshow The first of its kind in the UK has been touring since June 2011. Visitors are able to receive free, tailored, and confidential advice if they are worried about their memory or that of a loved one living with dementia or caring for someone with dementia from local trained Alzheimer's Society staff. http://www.alzheimers.org.uk/roadshow</p>
<p>Alzheimer's Society Online Forum Online discussion board run by the Alzheimer's Society for carers to exchange messages with others who may be in a similar situation http://forum.alzheimers.org.uk/</p>
<p>Carers UK Charity that aims to help carers recognise their own needs. It provides information, advice and support for carers and campaigns on their behalf. http://www.carersuk.org/help-and-advice</p>
<p>Social Care Institute for Excellence Provide free online resources for those living with dementia and their carers. May need to register to download some resources such as the eLearning material. Also provide management resource which you can access online that helps researchers, commissioners and care providers. https://www.scie.org.uk/dementia</p>

Information correct at the time of print – Please ring to confirm before attending