

**Are you living with dementia?
Do you care for someone who has dementia?
Are you feeling isolated and alone?
Would you enjoy spending time in the pub having a drink with friends?**



**Come and join us for laughter, friendship
and understanding at the Brown Cow pub
on West Lane, Keighley.**

**The group meets from 6.30pm
every Thursday evening and
we look forward to welcoming you.**



For more information contact:

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The Brown Cow is Keighley's first dementia-friendly pub. Landlord and landlady Paul and Emma provide a warm, friendly and helpful welcome giving people living with dementia an opportunity to socialise in a safe and supportive environment.

The group was originally established to reach out to younger people with dementia, but it is open to everyone.

It has been running for over two years with many new friendships forged. Individuals report feeling that they have got their social life back and feel less isolated.

"We come in here and have a right good laugh!"
(David)

"I'm very comfortable in here;
the bar staff are great!"
(Steve)

"Cheers!" (Jack)

This group has been a real godsend. We've made some lovely new friends. Also, we all seem to have experienced different things since dementia has been a part of our lives and it's really good to share ideas and information."
(Bev, carer)

"We meet once a week in the pub but our socialising has spread beyond that. We organise trips to the theatre, meals out and all sorts of other things; whatever anyone suggests really!" (Dawn, carer)



To find out more about other activities and services
contact Dementia Friendly Keighley on:
info@dementiafriendlykeighley.org.uk
www.dementiafriendlykeighley.org.uk
07452 773788

Visit our office in:
The Airedale Shopping Centre, Keighley
Registered Charity Number: 1171003