



Weekly Activities

MON

10.00 am- 12.30 pm Coffee Club
1.30 pm- 3.30 pm Coffee Club
1.30 pm - 3.30 pm *Monday Club (Arts for the Brain) at Keighley Creative

TUES

10.00 am- 12.30 pm Games Morning
1.30 pm- 3.30 pm Coffee Club

WEDS

10.00 am- 12.30 pm Memory Box
1.30 pm- 3.30 pm Coffee Club

THURS

10 am- 12.30 pm Coffee Club
1.30 pm- 3.30 pm Crafty Friends
6.30 pm onwards Brown Cow Social Group at the Brown Cow, West Lane

FRI

10.00 am- 12.30 pm Coffee Club

Dementia Activities

Bi-monthly

*The Memory Tree

Reminiscence, discussions & quizzes

2nd and 4th Fridays

1.30pm – 3.00pm

Keighley Shared Church Hall,
Market Street, Keighley,
BD21 5AD

Monthly

The Singing Teapot

1st Friday of each month

2 pm - 3.30 pm

All groups are designed to support those living with dementia and their carers in a safe environment and help them meet people in a similar situation.

Sessions take place at the DFK Centre unless stated otherwise
*Activity is promoted by DFK

**To book any of these sessions, please get in touch with us on;
01535 602529**