

## WHAT DO WE DO?

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The Royal British Legion Admiral Nurses offers specialist support, information and advice to the carers of people with dementia.

Admiral nurses are registered nurses specialising in dementia. The service aims to help family carers gain the necessary skills to assist with dementia care, promote positive approaches in living well with dementia and improving quality of life.

The service has been developed in partnership with Dementia UK, a national charity which promotes and develops Admiral Nursing.



## HOW CAN THIS SERVICE HELP ME?

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The Royal British Legion Admiral Nurses work in partnership with carers, families and people with dementia. The services they offer include:

- Skilled person-centred assessments of the needs of the carers, families and individuals with dementia
- Psychological support to help understand and deal with feelings and emotions
- Practical advice
- Helping carers to develop and improve skills in care giving
- Guidance on eligibility for other Legion support and services
- Referral to treatment and support services
- Therapeutic, educational and social support carer groups
- Clear guidance about how appropriate services and sources of support can be accessed in your local area
- Liaison with other professionals and organisations to ensure that families obtain coordinated support

## AM I ELIGIBLE?

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To qualify for this service the carer or person with dementia needs to be a beneficiary of The Royal British Legion. This includes anyone who has served in the British armed forces their family and carers.

