



We are pleased to offer Dementia 'Friendly Awareness Sessions' throughout 2026.

Sessions are open to anyone interested in learning more about dementia and how to make practical changes with helping people living with dementia

Sessions are Free and are held at our information centre on the 2nd Tuesday of each month at 4.00pm

(6 College Walk, Airedale Shopping Centre, Keighley, BD21 3PH)

Our next sessions will be as follows;

Tuesday February 10th

Tuesday March 10th

Tuesday April 14th

Tuesday May 12th

Tuesday June 9th

To book your session please call in to the centre or telephone 01535 602529

We are also able to offer external sessions to businesses and employers within the Keighley/Bradford/Skipton districts

Please contact us for further information

On 01535 602529 or email@ info@dfk.org.uk